

Coromandel Classic Race Rules

AGE LIMIT

The minimum age for competitors is 18 years of age. Competitors aged less than 18 years must have parents consent to participate in the Coromandel Classic. A consent document will be sent on receipt of entry.

SECTIONS

You can compete in only one event and one section. If you are a Veteran (aged 40+) and want to compete in the Open section you must make this clear to us in writing, otherwise you will be placed in the Veteran section. Sections cannot be changed after registration closes at Thames Racecourse at 8pm on Friday.

RELAY TEAMS

Team members are able to decide which legs they would like to do throughout the event.

TRAVERSE TEAMS

This category will comprise teams of two, three or four racing the entire course together. Teams must stay in close proximity throughout the entire event.

THE MOUNTAIN RUNNING STAGES

Day 1 is an honest run. It is the competitor's responsibility to have adequate skills to negotiate and avoid the hazards on the mountain running stage. Hiking poles are not permitted on the mountain stage as they will obstruct other runners.

The mountain stage is marked with tape throughout. Rubbish must not be left out on the track

MOUNTAIN RUNNING STAGE SPOT CHECKS

- Pre-event gear checks is completed at registration.
- Officials may carry out spot checks throughout the mountain run sections.

COMPULSORY RUN EQUIPMENT

Competitors must carry the following equipment:

- thermal gloves and hat
- thermal leggings and long sleeve top
- waterproof (seam sealed and constructed of a durable material) jacket
- food and drink
- first aid kit (containing a minimum of crepe bandage/strapping tape, plasters, painkillers)
- survival blanket
- compass

We allow synthetic, natural or composite thermal products. Cotton is unacceptable. Competitors should experiment for themselves with what best suits their needs for the activities and level of exercise they engage in.

A compression garment is not a thermal garment.

Cheap plastic disposable ponchos do not meet the required standard of a waterproof jacket.

Even if the weather is settled and warm at the start, the compulsory equipment must still be worn or carried.

SHOES

A trail running shoe is recommended. Given the distance, terrain and some of the descents, a road shoe may not provide enough support, traction or toe protection.

DEPARTMENT OF CONSERVATION

The Coromandel Classic operates with a concession from the Department of Conservation. It is an activity that complies with relevant management plans and strategies, and has a number of contract conditions that must be adhered to.

The public and competitors (including whilst training) must also follow DoC guidelines and regulations.

- Footbridges are not to be used throughout the event
- Minimise disturbance to vegetation - please keep to the formed tracks and board walks
- Minimise pollution from toilet waste and rubbish – carry all rubbish out and bury toilet waste
- Competitors must refer to the Special Requirements on Didymo & Kauri Dieback.

ENVIRONMENTAL CODE

Three point environmental code – you will be disqualified if you break this code

- Don't deliberately drop rubbish, and if you unintentionally drop rubbish, pick it up. Bring rubbish bags and take all rubbish away with you
- Manage your food and equipment (eg water bottles) in a manner that ensures that they don't drop off during the mountain run
- Take all the compulsory equipment and be prepared

THE KAYAKING STAGES

It is the competitor's responsibility to have adequate skills to negotiate and avoid the hazards on the Kayak leg. Any competitor that has more than 5 swims on the day may be withdrawn from the Coromandel Classic. Competitors must put training time in to ensure their choice of kayak is matched to their ability.

- Competitors may use any type of kayak or surf skis. Sea kayaks must have sealed compartments.
- Kayaks must have pillars and two flotation/air bags or extensive water-tight sealed compartments that are drainable. The minimum requirement is two rear flotation/air bags of 20 litres each - correctly inflated and secured in the kayak. Wine bladders are not acceptable!
- We have safety boats out on the course. Each time you need to be rescued there is a 10min penalty.

COMPULSORY KAYAKING EQUIPMENT

Competitors must carry the following equipment:

- A sprayskirt
- buoyancy vest (securely fitted, free of defects and of 55N minimum buoyancy)
- paddle
- positive buoyancy aid – must provide additional buoyancy (by volume) of not less than 6.
- dress to the conditions

Buoyancy testing of any vests that appear inadequate may occur at scrutineering. Competitors must check that their buoyancy vest meets the required standard before the Coromandel Classic. Kayakers should wear brightly coloured clothing (particularly when kayaking in low light conditions) and be vigilant when kayaking. It's a good idea to add some reflective tape to your blade ends.

KAYAKING STAGE SPOT CHECKS

There will be spot gear checks of all compulsory kayak equipment at Coroglen on Saturday. In the past we have managed to spot check everybody! All compulsory equipment must remain in the kayak once checked.

PORTAGES

Portages may be used to avoid hazards.

DIDYMO CONTROL

The Coromandel Classic supports Biosecurity New Zealand in their attempt to stop the spread of Didymo throughout New Zealand's streams, rivers, canals and lakes. All kayak equipment and mountain shoes must be cleaned to biosecurity standards before and after the Coromandel Classic. Check out www.biosecurity.govt.nz/didymo for procedures.

THE CYCLING STAGES

- Drafting is allowed in all cycling stages of the event.
- There are no drink stations. Competitors must complete repairs to their own cycles. Spare cycles will not be given to competitors who puncture.
- Cyclists must not ride more than two abreast. Be aware of traffic both approaching and overtaking from behind. Keep to the left, don't cross the centre line and obey the road code.

COMPULSORY CYCLING EQUIPMENT

- Helmets must be of a standard recognised by New Zealand Transport Agency and must remain on your head, securely fastened at all times while the cycle is in motion.
- Competitors must have white front and red rear lights attached to their cycles that can be seen from a distance of 100m. Helmet mounted lights may be used in addition to the cycle mounted lights.

- No i-pod, cell phones or similar devices are to be used by competitors. The competitor must be able to hear other riders in the bunches and safety instructions from officials.

CYCLING STAGE SPOT CHECKS

There will be gear checks of cycle lights and helmets at registration on Friday. Cycle equipment will also be checked for cleanliness prior to race start ie shoes and wheels. Please have your cycling equipment available at registration.

EQUIPMENT

The compulsory equipment is either for you or someone else should an accident happen. If you have to stop because of an injury or need to stay with an injured patient, you will cool down extremely fast, even in fine weather. The amount of equipment you have is for survival. This is the minimum.

All competitors are responsible for the equipment they use in the Coromandel Classic. They must ensure that it is safe and in as new condition. Competitor's should experiment for themselves with what best suits their needs for the activities and level of exercise they engage in.

NUMBERS

Each competitor/team is given a numbered bib. This is to be worn throughout the entire event. It fits over top of your kayak vest also. In the relay teams, this is to be handed over to the next competitor at the transition point. For Traverse Teams, there is one bib per team.

SUPPORT CREW

- Support Crew cannot follow their competitors or offer assistance on any cycling stage of the Coromandel Classic.
- If Support Crew are concerned about their competitor being overdue at a checkpoint they should report to a marshal.
- Support Crew are not allowed to offer assistance or enter any part of the running or kayaking stage except at transitions.

OFFICIALS

Officials are an important part of the Coromandel Classic safety system. Instructions by officials to competitors and assistants must be followed. Failure to do so will result in heavy time penalties or disqualification.

CONFIRMATION OF ENTRY

A confirmation of entry will be sent to each competitor.

REFUNDS

Refunds will be processed in accordance with the Refund Policy.

- Refunds will be provided up until 1st August less \$40 admin fee.

- From 1st August to raceday, competitors may transfer their entry to the next year. MJ Events must be notified in writing for this to be actioned.
- Should the Coromandel Classic have to be cancelled due to acts of Mother Nature, there will be no refund of entry fee. Right of entry reserved.

COMPLAINTS

Any competitor or support crew who wishes to make a complaint about another competitor must do so in writing to the timekeepers within an hour of the complainant finishing. The Race Director's decision regarding the complaint is final.

WITHDRAWALS

Any competitor withdrawing from any stage must report to an official at the end of that stage, hand in their timing transponder and bib. Please phone or text Tania Tuck 021 488443 and advise your competitor number and name and that you have withdrawn.

TIMEKEEPING

Timing transponders will be issued to all competitors at registration and must be returned at the finish line. Timing transponders are worn around the wrist or in a safe pocket throughout the duration of the event. At each transition point, you must punch your timing chip so this can be recorded. At the end of Day One, we will issue results after the briefing for Day Two at the Tairua Bowling Club. Completed results will be available at the completion of Day Two.

Any competitor who loses their timing transponder must stop at a transition or finish line and speak to the timekeepers to ensure they get a manual time and are recorded as a stage starter or finisher. Failure to return a timing transponder will result in a substantial replacement charge.

MEDICAL

We have medics out on the course for the duration of the event. If you're in a bike crash or injured throughout the event, and medical staff are not in attendance, please get checked out by them at the next transition, and also get your helmet looked at by the bike crews.

PENALTIES

The Race Director reserves the right to disqualify or impose heavy time penalties on any competitor for cheating or breaking the rules of the Coromandel Classic.

RESPONSIBILITY

No responsibility is taken by the Race Director or sponsors for any loss or damaged property of competitors, assistants, or friends during the Coromandel Classic. By completion of the entry form the competitor accepts full responsibility for the risks entailed in competing in the Coromandel Classic.

ENQUIRIES

Maillot Jaune Events, Coromandel Classic, PO Box 98, Wanaka 9344.

Ph +64-3-443 6296, E-mail events@mjevents.co.nz, website www.coromandelclassic.co.nz